

Sherman ECC at Har Shalom Health and Safety Plan

The health and safety of our students and staff are paramount as we work to reopen the Sherman ECC. We have developed this Health and Safety Plan based on our current understanding of best practices and advice from our health experts, MSDE (Maryland State Department of Education) and on CDC guidelines. As we learn more about how Covid-19 operates in a school environment, our approach may continue to evolve. To maximize the safety of our entire ECC community, it is critical that all staff and families comply with the policies outlined below. Staff and families are also asked to follow CDC best practices for physical distancing and wear masks outside of the home.

We understand that these practices can be an inconvenience, but they are necessary to minimize the spread of Covid-19. We know that Covid-19 is transmittable even when mild or no symptoms are present. Therefore, we ask that you take even the slightest sign of illness seriously out of an abundance of caution.

Health and Illness Policy

Upon arrival at the center, Beth or Paula, wearing appropriate PPE, will be checking all children for a fever and for symptoms of COVID-19. Parents must disclose if anyone in their household has any symptoms of COVID-19 including cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and loss of taste or smell. COVID-19 symptoms in children can also include belly pain, vomiting, diarrhea, rash, red cracked lips, red eyes, swelling of hands or feet, joint pain, dizziness, vision problems, headache, and pale complexion.

- Children and adults may not enter Har Shalom if the following signs of illness are present, **even if fever free**: non-clear nasal congestion, cough, red/watery eyes, diarrhea, vomiting, fever, rash, or stomach pain.
- Children with a temperature above 100 degrees will not be able to enter the building or attend.
- Children who become ill at school will be isolated with a staff member.
- Children who become ill at school **MUST** be picked up within 30 minutes.
- If a child or family member comes into contact with an individual who tests positive for Covid-19, the ECC office must be notified immediately. The child will not be permitted to return to school for 14 days.
- If a child becomes ill, the child must stay home until fever and symptom free (without medication) for 48 hours and must provide a clearance from a doctor in writing.

- If a person has fever or Covid like symptoms and a negative Covid test, they can return when appropriate. If the person is not tested for Covid, then we will assume Covid positive and follow those procedures.

Staff will also go through a wellness and temperature check before entering the building and follow the same guidelines for being ill or having a family member who is ill.

CONFIRMED CASE OF COVID-19

If a child or staff member is confirmed to have Covid-19, the individual will need to follow guidelines for self-quarantine during the recovery period. They can return to school when he or she has met the CDC criteria for discontinuation of quarantine:

- At least 48 hours have passed since recovery defined as resolution of fever without the use of medicine **and** improvement in respiratory symptoms, **AND**
- At least 10 days have passed since symptoms first appeared.

Drop-off/Pick-Up Procedures

Drop-off and pick-up will take place in a designated area outside of the Sherman ECC and will be staggered in the morning and in the afternoon. Each family will be assigned a specific window of time to drop-off and pick-up their child. There will be a daily questionnaire and a temperature check required to be completed each morning. Results of temp check & screening are logged daily. Please allow extra time during drop-off and pick-up. A teacher from your child's class will then walk your child to their classroom. At the end of the school day, we will bring your child to your car.

During drop-off and pick up you will be required to wear a mask and we ask that you stay in your car.

Please read the following bullet points for more details.

- The only entry to the ECC will be through the main doors of the ECC.
- If you arrive to school early, please wait in your car.
- The ECC office must be notified ahead of time if your child will be dropped off late or picked up early.
- Items going back and forth between school and home should be limited as much as possible.
- Everything should be clearly labeled with the child's name and be in a sealed plastic bag.
- Children should bring a dairy/vegetarian lunch in a bento box or brown paper bag. Please leave lunch boxes at home. Lunches will be refrigerated.
- We will be using disposable cups for water. Please leave water bottles at home.
- Diapers can come in their original packaging or in the plastic sleeves. Wipes should come in their original packaging.
- Children should keep TWO extra sets (shirt, shorts/pants/dress, underwear and socks) of clothes in their bins.

- Clothes should be washed before wearing a second time.
- Each child two and older needs two clean face masks at school each day.
- Bedding should come in at the start of the week and will go home at the end of the week for cleaning.
- Children should not bring toys or other items from home unless they are absolutely necessary for the child's well-being (security blanket, stuffed animal, etc).

Child Grouping and Physical Distancing Strategies

- ECC classrooms will have a maximum of 10-12 children (9 toddlers) with 2-3 teachers.
- Classroom groups and teachers will remain consistent.
- Tables & chairs will be spaced apart for snacks and meals.
- Sleeping cots and rest mats will be spaced apart.
- There will be outdoor time, weather permitting, with one group playing in an area at a time.
- All large group activities will not be held in person.
- The playground will be closed for use before and after school.
- Classroom volunteers and visitors will not be permitted. Teachers will work with parents to plan special birthday celebrations where family can participate virtually.
- Adults will have access to the restrooms by the main entrance, only once Har Shalom offices open.

Disinfecting and Cleaning:

- Hand sanitizing will be required often. Teachers will disinfect their hands between children.
- Children will wash their hands with soap and water for twenty seconds every 30-45 minutes throughout the day.
- Hand washing will also be required:
 - At arrival
 - Before and after handling food
 - Before and after restroom usage (including staff who are diapering or assisting in the bathroom)
 - After playing outdoors
 - After a sneeze, cough, or blowing of the nose
- Posters with visual cues will be posted above sinks to remind children about washing hands properly.
- Teachers will closely supervise handwashing.
- All adults will be required to wear masks. Children two and older will be required to wear a face mask if they are able to do so.
- Surfaces and objects that are frequently touched will be cleaned, sanitized, and disinfected daily and routinely including:
 - Light switches
 - Door handles
 - All dispensers (i.e. paper towel, soap)
- Lunch tables and chairs will be sanitized immediately before and after use.

- Toilets will be sanitized after each use and a deep cleaning will occur daily, in the middle of the day, and each evening.
- Staff will wear gloves when handling food, assisting children with injuries and during illness.
- Each child who naps will be assigned a cot or rest mat. The cot or rest mat will be sanitized after each use and will NOT be shared.
- Adequate supplies are available to minimize sharing of high touch materials to the extent possible (art supplies, equipment etc.) or are limited to use by one group of children at a time and cleaned and disinfected between uses.
- Sharing of toys and other items is discouraged if unable to clean and sanitize/disinfect.

Emergency Communication & Closure

- Families must supply the ECC with up-to-date emergency contact information for their child and ensure at least 1 parent or emergency contact is reasonably accessible at all times and able to pick up the child in the event of illness.
- In the event that someone in the ECC community shows signs of COVID-19 or gets a positive test result, the school will call the County Health Department & the MSDE Office of Child Care. The Health Department will review the situation and advise the School about procedures to follow, and if necessary, the length of closure of the facility and any quarantine requirements for staff, children & families. Parents will be notified of any such directives.
 - **Families must comply with all of the above to have their child/children attend the Sherman ECC. Tuition will not be refunded or credited if a family does not comply.**
 - **The above procedures are subject to change based on regulations and advice from our health experts. Families will be notified of these changes in advance, whenever possible.**

I hereby acknowledge receipt of the Sherman ECC Health & Safety Plan related to COVID-19.

Parent Signature _____ Date _____

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